

Sulam Chi Prayers

Keter: Eheyeh Asher Eheyeh – May I be filled with Divine energy.

Chochmah: Yah – May my vision expand. May I see with Divine wisdom.

Binah: Elohim Chayim – May I hear Your voice. May I hear with Divine understanding.

Chesed: El – May loving-kindness flow freely through me. May I give generously, knowing I will receive as much as I need in return.

Gevurah: Elohim – May I have the strength to set appropriate boundaries and limits; welcoming in what nurtures me, sustains me, and helps me grow; keeping out what is harmful and destructive; remembering that being able to laugh at myself is a great strength.

Tiferet: Adonai – May I be healed. May I be compassionate, truthful, connect to true beauty, and be in harmony uniting heaven and earth right here in my heart.

Netzach: Adonai Tzevaot – May I be led by You and Your plans. May I trust in those plans, taking joy in moving forward through co-creating with You.

Hod: Elohim Tzevaot – May I make room for You and others. May I surrender to Your will and find deep peace in that surrender. May I give thanks. And, may I worship You and only You.

Yesod: El Chai, El Shaddai – May I make the unconditional loving relationship You offer my foundation. May I reciprocate that love devoting my power, creativity and procreativity to serving it. And, may I live with integrity.

Malchut: Adonai HaAretz, Adonai HaMelech – May I have strong feet of faith; may every step I take glorify You. May the words coming out of my mouth be a praise to You. May Shechinah, the Divine Presence, dwell within me. And, may I walk this earth in my own royalty with dignity, serving You, El Elyon.

